

## **JSC COVID Mitigation Plan for DPFH**

**Oct – Dec 2020**

*(updated Sep 25, 2020)*

Juneau Soccer Club's (JSCs) mission is to foster the physical, mental and emotional growth and development of Juneau's youth through the sport of soccer at all levels and ages. JSC is a nonprofit 501(c)3 corporation.

The JSC will follow all relevant guidance issued by the Alaska Department of Health and Social Services and CBJ EOC as mandates evolve throughout the course of the COVID pandemic. JSC will also ensure that this mitigation plan aligns with the DPFH COVID Operating Parameters.

All players and coaches will be required to sign a waiver of responsibility not holding liable JSC, Dimond Park Field House, or the City and Borough of Juneau for participation in the program. JSC will schedule at least half hour breaks between sessions and other user groups to minimize contact between player groups.

Players will be expected to wash their hands/sanitize prior to practice and to maintain social/physical distancing before and after practices and wear face coverings while inside DPFH, except as outlined in this mitigation plan below. JSC players will not share pinnies, gloves, or any other equipment if it has not been previously sanitized. Other equipment such as goalie gear will be sanitized between player use.

Parents and coaches will be responsible for ensuring any sick players or players with a sick family member in the same household or who were in recent contact with sick individuals are not participating in the practices. If someone in the family household has been tested for COVID because of symptoms (not travel) and is waiting for results, the player should not attend practice until the results are documented. It will be recommended for those families with family members who are at high risk that they not participate in the JSC Fall/Winter/Spring program. There will be parent safety coordinators who will assist with screening and sanitization at each practice session. They will also assist with calling family members if a player begins feeling unwell at practice.

Spectators will be required to maintain social distancing during practices and wear face coverings while in the Field House. Signs will be posted. This will follow the DPFH COVID Operating Parameters.

Although the young and healthy may be subject to less severe cases of COVID-19, every case of this disease is potentially life-altering or deadly, particularly in those with risk factors that may occur within our communities. Health consequences may be long-standing and only apparent weeks after initial infection and recovery. Until COVID-19 is either eradicated, a vaccine is developed, or a cure is found, there is no way of eliminating the risk of infection. The risks of participation will be clearly communicated to parents and participants by email and social media communication, and verbal communication from all coaches and the JSC Board.

### **Entering the Field House**

- JSC encourages carpooling only with those in your small social circle
- Players and coaches will check in with a parent safety coordinator at the door who will check temperature and ask screening questions for any symptoms:
- Their temperature will be taken and recorded, along with answers to the questions below:
  - Have you had a fever in last 72 hours?
  - Do you have a persistent cough?
  - Do you have a sore throat?
  - Are you experiencing unusual shortness of breath?

- Have you had close contact with someone with COVID-19 in the past 14 days? (definition of close contact by CDC)
- Have you had close contact with someone that has been tested for COVID-19 and is waiting for results?
- Have you traveled out of state in the last 14 days?

Their answers along with their name and email address or phone number will be recorded. If any of the answers are yes or their temperature is above 100, they will be asked to leave the field and go home. These attendance documents will be kept in a safe location at least for 21 days.

- Player must have a mask on when entering and distancing must be maintained at the door. Hand sanitizer will be used upon entry.
- Players will maintain social distancing when walking in and out of the building. Players must not use the cubbies to avoid crowding and should space out along the field when putting and taking off gear for play. Soccer bags should be set apart from others.

### **Contact Play**

- Phase II –technical drills, passing and other skills with masks – as on the AYSA guidelines
  - Phase III – small sided games – as on the AYSA guidelines
- JSC will begin with Phase II to get players used to the requirements and special mitigation steps, and then will begin Phase III upon success with Phase II and comfortability of coaches. Phase III will not begin at least until after 3 weeks of being in Phase II.*

### **Protective Measures/Protocols**

- Masks will be worn by coaches and players at all times in the DPFH unless in active play on the field
- There will be no sharing of water bottles or snacks.
- Players should use their soccer ball when possible, all soccer balls that are used by more than one person will be sanitized at the end of practice.
- Players must not share any gear including pinnies and goalie gloves
- Player should not do group celebrations, NO high 5s, hugs, handshakes, and other behavior that break social distancing.
- Players should use hand sanitizer before, during and after training.
- Players and coaches should always practice social distancing unless as part of the drill or play
- Reduce players touching practice equipment. The handling of all training items, i.e., cones, flags, goals etc. should only be done after hand sanitation and preferably by adults/coaches.
- Shared gear and equipment should be washed and sanitized before each training or activity
- All participants have signed/submitted the Health Status Agreement (Release of Liability and Assumption of Risk Agreement) to the JSC prior to being allowed to participate.
- Parent/Guardian to notify club/ league immediately if their child becomes ill for any reason.
- Symptoms: Any coach, player, parent, referee and or spectator who is sick, has a persistent cough, is running a temperature or is displaying any symptoms suggesting that the individual may be ill, (from any contagious malady, including cold, flu, or suspected coronavirus) will be prohibited from attending training or games. Any coach or administrator who sees any adult attendee who displays any of these symptoms should be politely but firmly asked to leave. A minor who is displaying any of these symptoms should be safely isolated until an adult responsible for the minor can remove the minor. Everyone should

be monitoring symptoms daily, and if athlete, coach or someone in household shows any signs/symptoms of the novel coronavirus they should be staying at home for 14 days.

- No player will be allowed in the DPFH upstairs or in batting cages during soccer training.
- DPFH mitigation plan ensures the cleanliness and sanitation of the facility and restricts user groups so there is no overlap.

### **Spectators**

- Spectators will be required to use face coverings while in attendance and are only allowed in based on the DPFH COVID Operating Parameters and the JSC Procedures Oct 2020 (attached)

### **Leaving the Field House**

- All players and coaches are encouraged to use hand sanitizer or wash hands prior to departure, and it will be available at the door. They should all leave the back exit, and not the front door if there is another user group following.

### **In the event of an Occurrence**

- If a player tests positive, the COVID point of contact person – Board Member Debbie Lowenthal - will be contacted and will work directly with the family, State of Alaska DHSS, CBJ EOC, and Alaska Youth Soccer. JSC will report within **a 24-hour period** of awareness of the possible or confirmed positive for COVID-19 by submitting the Club COVID-19 Club Report and following guidelines of the AYSA COVID-19 Reporting Procedures (attached below).
- Participants in the particular group are required to inform JSC as soon as possible, if they become sick after participation in the program, so that other participants can be informed that a fellow participant became sick and they should monitor for symptoms and practice social distancing measures.
- Before resuming, the group with close contact with an infected individual will have their practices cancelled for 7 days to monitor possible infections from the infected individual.

***IMPORTANT:*** We will be enforcing these safety measures in order to provide Juneau youth with year-round soccer opportunities. It is noted that no play is without risk, but it is critical for Juneau youth to have some activity and exercise during the winter months during the pandemic. We also want to create as safe practice environment as possible for all players and coaches, as well as mitigation from the exposure from the virus. We will be removing any player or coach who refuses to follow these safety rules for the good of everyone at the field house.

We appreciate your cooperation in following these new and temporary procedures as we work together to maintain the highest health and safety standards.

### **Questions please contact JSC Board**

Whit Adams - WAdams@hecla-mining.com  
Stacy Diouf - stacydiouf@gmail.com  
Noel Shima - shima@gci.net  
Kari Quinto - kari.quinto@alaska.gov  
Raandi Miller - milleraandi@gmail.com  
Ami Reifenstein - amireifenstein@gmail.com  
Samantha Adams - shill789@hotmail.com  
Suella Davis - suellamd@yahoo.com  
Debbie Lowenthal - debbie.lowenthal12@gmail.com

### **Attachments:**

JSC Procedures October 2020  
20-AYSA COVID-19 Reporting Procedures  
Health Status Release – 2020  
COVID Tracking Sheet JSC Phase II  
PLAY On-Phase II Recommendations Guide  
Juneau Soccer Club 9-23-20