

JSC COVID Mitigation Plan for DPFH
April -May 2021
(updated April 15, 2021)

Juneau Soccer Club's (JSCs) mission is to foster the physical, mental and emotional growth and development of Juneau's youth through the sport of soccer at all levels and ages. JSC is a nonprofit 501(c)3 corporation.

The JSC will follow all relevant guidance issued by the Alaska Department of Health and Social Services and CBJ EOC as mandates evolve throughout the course of the COVID pandemic. JSC will also ensure that this mitigation plan aligns with the DPFH COVID Operating Parameters.

All players and coaches will be required to sign a waiver of responsibility not holding liable JSC, Dimond Park Field House, or the City and Borough of Juneau for participation in the program. JSC will schedule at least half hour breaks between sessions and other user groups to minimize contact between player groups.

Players will be expected to wash their hands/sanitize prior to practice and to maintain social/physical distancing before and after practices and wear face coverings while inside DPFH, except as outlined in this mitigation plan below.

Parents and coaches will be responsible for ensuring any sick players or players with a sick family member in the same household or who were in recent contact with sick individuals are not participating in the practices. If someone in the family household has been tested for COVID because of symptoms (not travel) and is waiting for results, the player should not attend practice until the results are documented. It will be recommended for those families with family members who are at high risk (and unvaccinated) that they not participate in the JSC Fall/Winter/Spring program. There will be parent safety coordinators who will assist with screening. They will also assist with calling family members if a player begins feeling unwell at practice.

Spectators will be required to maintain social distancing during practices and wear face coverings while in the Field House. Signs will be posted. This will follow the DPFH COVID Operating Parameters.

Entering the Field House

- JSC encourages carpooling only with those in your small social circle
- Players and coaches will check in with a parent safety coordinator at the door who will check temperature and ask screening questions for any symptoms:
- Their temperature will be taken and recorded, along with answers to the questions below:
 - Have you had a fever in last 48 hours?
 - Do you have a persistent cough?
 - Do you have a sore throat?
 - Are you experiencing unusual shortness of breath?
 - Have you lost your sense of smell or taste?
 - Do you have diarrhea, vomiting, or abdominal pain?
 - Have you had close contact with someone with COVID-19 in the past 14 days? (definition of close contact by CDC)
 - Have you had close contact with someone that has been tested for COVID-19 and is waiting for results?
 - Have you traveled out of state in the last 5 days?

If any of the answers are yes or their temperature is above 100.3, they will be asked to leave the field and go home. These attendance documents will be kept in a safe location at least for 21 days.

- Player must have a mask on when entering and distancing must be maintained at the door. Hand sanitizer will be used upon entry.
- Players will maintain social distancing when walking in and out of the building. Players must not use the cubbies to avoid crowding and should space out along the field when putting and taking off gear for play. Soccer bags should be set apart from others.

Contact Play

- Phase II –technical drills, passing and other skills with masks – as on the AYSA guidelines
- Phase III – small sided games – as on the AYSA guidelines

Protective Measures/Protocols

- Masks will be worn by coaches and players at all times in the DPFH.
- There will be no sharing of water bottles or snacks.
- Players must not share any gear including pinnies and goalie gloves
- Player should not do group celebrations, NO high 5s, hugs, handshakes, and other behavior that break social distancing.
- Players should use hand sanitizer before and after training.
- Players and coaches should always practice social distancing unless as part of the drill or play
- Reduce players touching practice equipment.
- All participants have signed/submitted the Health Status Agreement (Release of Liability and Assumption of Risk Agreement) to the JSC prior to being allowed to participate.
- Parent/Guardian to notify club/ league immediately if their child becomes ill for any reason.
- Symptoms: Any coach, player, parent, referee and or spectator who is sick, has a persistent cough, is running a temperature or is displaying any symptoms suggesting that the individual may be ill, (from any contagious malady, including cold, flu, or suspected coronavirus) will be prohibited from attending training or games. Any coach or administrator who sees any adult attendee who displays any of these symptoms should be politely but firmly asked to leave. A minor who is displaying any of these symptoms should be safely isolated until an adult responsible for the minor can remove the minor. Everyone should be monitoring symptoms daily, and if athlete, coach or someone in household shows any signs/symptoms of the novel coronavirus they should be staying at home for 14 days.
- No player will be allowed in the DPFH upstairs or in batting cages during soccer training.
- DPFH mitigation plan ensures the cleanliness and sanitation of the facility and restricts user groups so there is no overlap.

Spectators

- Spectators will be required to use face coverings while in attendance and are only allowed in based on the DPFH COVID Operating Parameters.

Leaving the Field House

- All players and coaches are encouraged to use hand sanitizer or wash hands prior to departure, and it will be available at the door. They should all leave the back exit, and not the front door if there is another user group following.

In the event of an Occurrence

- If a player tests positive, the COVID point of contact person – Board Member Debbie Lowenthal - will be contacted and will work directly with the family, State of Alaska DHSS, CBJ EOC, and Alaska Youth Soccer. JSC will report within **a 24-hour period** of awareness of the possible or confirmed positive for COVID-19 by submitting the Club COVID-19 Club Report and following guidelines of the AYSA COVID-19 Reporting Procedures (attached below).
- Participants in the particular group are required to inform JSC as soon as possible, if they become sick after participation in the program, so that other participants can be informed that a fellow participant became sick and they should monitor for symptoms and practice social distancing measures.
- Before resuming, the group with close contact with an infected individual will have their practices cancelled for 7 days to monitor possible infections from the infected individual.

IMPORTANT: *We will be enforcing these safety measures in order to provide Juneau youth with year-round soccer opportunities. It is noted that no play is without risk, but it is critical for Juneau youth to have some activity and exercise during the winter months during the pandemic. We also want to create as safe practice environment as possible for all players and coaches, as well as mitigation from the exposure from the virus. We will be removing any player or coach who refuses to follow these safety rules for the good of everyone at the field house.*

We appreciate your cooperation in following these new and temporary procedures as we work together to maintain the highest health and safety standards.

Questions please contact JSC Board

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